

MURPHY BI-WEEKLY WRITING TIP

Dear Murphy Institute Students,

The first of our semester's tips will help address a common challenge students have with any and every assignment – *getting started*. There are many ways to do this, but today's tip will focus on *Free Writing*.

Free Writing

Free Writing is a good way to discover what you think about a topic while putting it all down on paper.

The Steps:

1. **Choose a Topic of Focus** – *What specifically do you want to write about?*
2. **Set a timer (5 or 7 minutes)**
 - Do not try to write for longer than 7 minutes *at first*
3. **Start!** Write whatever comes to mind
 - Write in sentences
 - Do *not* worry about grammar or mistakes
 - Do *not* stop, delete words, or go back
 - If you do not know what more to write, write whatever comes to mind until something new comes up, even if it is simply: **“I don't know what to write. Not sure what to write. I feel stuck.”**
4. At the end of the time – **Stop!**
 - Review what you wrote and **highlight** any useful ideas or phrases for the assignment
 - Keep an eye out for anything that is new or unexpected
5. **Take a break and repeat!**

For an example, visit this link: [Sample Free Write](#)

For a quick overview, watch this video: [How to Free Write Your College Essay](#)

As always: Remind yourselves what you have accomplished, and Best of Luck!

Sign Up for a One-On-One Tutoring Session

1. Visit <https://murphy.mywconline.net/>
2. [Register for an account](#)
3. Log in and select the “Murphy Queens Writing Center” calendar.
4. Choose any of the available white rectangles.
5. Fill out the form with your assignment info.

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**If you have questions
or want to put this into
practice, feel free to
contact me! 😊**