

MURPHY BI-WEEKLY WRITING TIP

Dear Murphy Institute Students,

The Fall semester has officially ended – and once finals are done, most of you will have about a month to rest before returning in the spring.

If you are taking winter classes: best of luck!

Our final tip will echo the final tips of the past but consider it a reminder that *reflection* (especially when **written out**) is always important for *growth*.

Reflect

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The end of a semester is always a good opportunity to reflect on your experiences, challenges, and successes. To reflect is to review the past with serious attention so that you can learn about yourself and adjust what you will do in the future.

Here are some questions to ask yourself & explore *in writing* during the intersession:

Academic Reflection:

How did the semester go, from beginning to end?

What obstacles came my way? What did I struggle most with, and why?

Where did I succeed, and how did I succeed?

What would I like to do next semester? What steps can I take to get there?

Personal Reflection:

How were my mental and physical health this fall?

When was I at my strongest? At my weakest? Why?

What changes can I make to repeat the best moments?

Where can I find the resources to help?

Professional Reflection:

How did work go this semester? Was I able to manage everything?

Where did I struggle, and why?

What did I do successfully, and how did I do it?

What changes would I like to make at work next year?

Where can I find the resources to make those changes?

Click [HERE](#) to access our previous tips.

Sign Up for a One-On-One Tutoring Session

1. Visit <https://murphy.mywconline.net/>
2. [Register for an account](#)
3. Log in and select the “Murphy Queens Writing Center” calendar.
4. Choose any of the available white rectangles.
5. Fill out the form with your assignment info.

Jean Soto, Writing Specialist

Jean.Soto@slu.cuny.edu

(929) 265-2101

If you have questions
or want to put this into
practice, feel free to
contact me! ☺