

MURPHY BI-WEEKLY WRITING TIP

Reading-Tech Tip: The Find Command

Dear Murphy Students:

There is a month left to the semester, which means final projects and papers – which also means reading, or re-reading, a lot of material.

One quick technique to review a lengthy article or book chapter is to use your computer's *Find Command* to locate key terms or phrases.

The Find Command

The *Find Command* is a tool on your computer that lets you search (“find”) words on the webpage or document.

How to Use

If you press the **Ctrl + F** keys on your computer at the same time (or, if you are using an Apple product, **Command + F**) – a search box will open in the upper right corner of your screen:

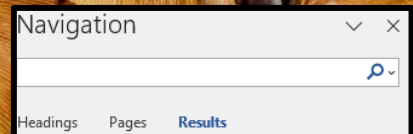
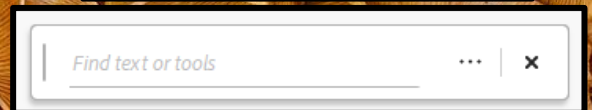
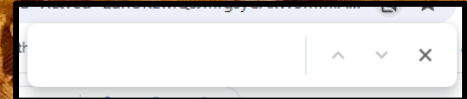
When to Use

If you want to see whether an article you found is relevant – you can search a key term and it will be highlighted throughout the article

Example

Self-monitoring procedures have yielded promising results in a variety of fields. For example, Hallahan, Lloyd, Kosiewicz, Kaufman, and Graves (1979) used a **self-monitoring** procedure with an elementary-age boy who had a learning disability to increase on-task behavior. Foxx and Axelroth (1983) instructed 12 participants to self-record and graph their daily nicotine intake, which resulted in major decreases in nicotine intake for as long as 12 months after the intervention was faded. **Self-monitoring** has also been used to decrease challenging behaviors, such as stereotypy in people with intellectual disabilities (Fritz, Iwata, Rolider, Camp, & Neidert, 2012).

The benefits of using **self-monitoring** are that few training sessions are needed, and it can be implemented by individuals without a background in behavior analysis, many of which individuals do daily (e.g., caloric intake, monitoring blood glucose, recording expenses in a checkbook). With advances in technology over the last 20 years, **self-monitoring** procedures are no longer limited to



Examples

If using a Word document, the box will open to the left

When to Use

- Use with lengthy websites, textbook chapters, or any PDF document
- You can use this tool to be efficient in your reading – of course, aim to read as much of a text as possible, but this may help you be strategic with your time.

Sign Up for a One-On-One Tutoring Session

1. Visit <https://murphy.mywconline.net/>
2. [Register for an account](#)
3. Log in and select the “Writing Support (All Campuses)” calendar.
4. Choose any of the available white rectangles.
5. Fill out the form with your assignment info.

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If you have questions or want to put this into practice, feel free to contact me! 😊